

# Marriage Moments

## May 2010

**325 DAYS TO GO:** *The 40 days of Lent are over but not my commitment to give things away. I decided to continue giving away at least one thing a day for 365 days. If you didn't catch my Holy Week give-aways you might be interested in "Birdie's Supper" or "Rocket Science." I'm taking April off but for the next 325 days I'll be letting go of more things but only blogging about it weekly. (This project took over my life during Lent. I know, however, that I still have much to learn and let go of.) Follow my progress if you are curious at [www.SusanVogt.net/blog](http://www.SusanVogt.net/blog).*

**COUPLE PRAYER RESOURCE:** *Marriage Moment #365 offers an article to help couples pray together, [Who Me - Pray? With Her?](#) Pass it on if you like.*

### MARRIAGE MOMENTS

**362. May 3:** Instead of being "King/Queen for a Day" consider being "Servant for a Day." Serve your spouse something today - a hot drink, a meal, a favor, a massage, an errand.

**363. May 10:** Maybe you hated it when your parent made you say "I'm sorry" when you were a kid. No one's making you say it now, but in marriage there are plenty of times to practice.

**364. May 17:** Has life handed you a set back? No matter how bad the situation, don't take it out on each other. Face it side by side, not pointing a finger at each other. Find something to learn from your mistake or predicament.

**365. May 24:** Praying together feels awkward to me. Praying in the morning sounds inhuman. If morning is not your strength, maybe it fits your spouse better and he/she could take the lead, gently wake you, and read the scripture of the day. Even if you're still groggy, sometimes just showing up is a form of prayer. Try it. You might like it. [Want Help?](#)

**366. May 31 (Memorial Day)** To serve country, spouse, or God is to give your life because of your love. Dying for country, spouse, or God is a great sacrifice, but sacrificing time and spending energy in the service of your beloved counts too. Serve your spouse in an unexpected way today.

### PARENTING POINTERS

**362. May 7:** It's planting season in most of the northern hemisphere. Plant something with your child this week. Watch it grow. Watch your son or daughter grow. Do you mark their height each year on their birthday? If not, start a custom.

**363. May 14: Who's the parent in your household? Sometimes it is the child who trains the parent - to comply when the toddler fusses, to give in if the child whines, to give permission if the teen pesters long enough. It might seem easier at the moment, but teach your child that "No" does not simply mean complain more and you'll get what you want.**

**364. May 21: "Jesus did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written." (Jn 21:25) Many parents keep a log of their kids' accomplishments - especially for the first child and during the first year of life. If you haven't done this for awhile, jot down a few milestones for posterity this week.**

**365. May 28: Do you ever talk behind your child's back? Sometimes this isn't all bad. If your son or daughter "accidentally" overhears a compliment it can carry extra sincerity. If it's a warning it may defuse defensiveness. If you're just floating an idea, it can open later dialogue before making a commitment.**

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