

**I  
Know**

**Do  
You**



**My  
Strengths...**

**Know  
Yours?**

How many times have you heard these questions in school, a job or college interview?

**What are your strengths? What are your weaknesses?**

Join us to discover your strengths and their shadow sides so that you can answer these questions. Here is what other youth had to say.

“Knowing my strengths and their shadow sides helped me better understand who I am and to look for ways to do what God made me to do best. It also helped me get my summer camp job and a college scholarship.”

Joanie, 2010 graduate and Xavier University Scholarship recipient

“It was fun to learn that competition was my number 1 strength and that harmony was my number 5. I like to compete hard, try to win, and then try to make my opponent feel good about having played. It really helped me to know and accept that God has made me this way for a reason and that everyone’s strengths are an example of God’s goodness.”

Brendan, 2010 graduate and Cleveland State Golf Scholarship winner

When: September 11, 2010 at the Diocesan Youth Council Leadership Day

Where: St. Francis in Grapevine

Register by e-mailing or contacting your parish youth minister

Join us to learn about your top 5 Strengths and how you can develop these gifts to bring out the best in yourself and others. Join us to:

- learn your top 5 strength themes from the Strengths Finder Gallup research tool
- increase self awareness to understand your strengths in school and daily life
- increase your understanding of others strengths and how to help them use them
- learn how group dynamics are powerfully affected by individual and group strengths and how these influence effective leadership
- learn about the shadow sides of strengths and how awareness of our blind spots can make us more effective servant leaders.
- have fun & build your legacy by building on strengths & managing weaknesses
- reflect on the strength of the cross and life lessons through suffering and loss

“What lies behind us and what lies before us are tiny compared to what lies within us.”

Ralph Waldo Emerson

About the trainer:

Dr. Greg Dobie Moser had trained thousands of youth, coaches, and adults in more than 40 states and internationally. He has trained civic leaders, teachers, coaches, and parents to help them to understand their strengths and use them in service to others. Dobie is a member of the United States Olympic Committee and has won national and local awards from multiple organizations that include the Rotary Club, the National Federation of Catholic Youth Ministry, and more. Dobie has a Doctorate in Leadership from the Graduate Theological Foundation in South Bend, an Education degree from Indiana University of Pa, and a Masters in Family Systems Counseling from the College of Mt. St. Joseph. Dobie and Lisa are parents of 7 children and volunteer in refugee work and youth leadership in their community and the greater Cleveland area.