

Self-assessment of Competencies for Youth Ministry

Directions: This self-assessment guide is designed to enable you to identify your current strengths and needs in ministry to young people. Not all of these abilities and understandings will be relevant to your current role, but they are the basic competencies for youth ministry. This instrument can provide you with a starting point for identifying specific areas that you would like to improve. Bring this completed self-assessment with you to session 1.

Read each statement carefully and circle the number that most clearly indicates your present level of awareness or understanding. This guide is for your private reflection, so please respond freely.

0 = no awareness or understanding of this subject

1 = minimal awareness or understanding of this subject

2 = a fair level of awareness or understanding of this subject

3 = a good grasp and understanding of the subject and an ability to assist in implementing activities in this area

4 = an excellent grasp of the subject and an ability to plan and implement activities in this area

1. I am aware of God's importance in my life and am willing to talk about it with others.

0 1 2 3 4

2. I am aware of my gifts, talents, and abilities in ministering to youth.

0 1 2 3 4

3. I understand the significance of prayer and its effect in my daily life.

0 1 2 3 4

4. I understand the *dimensions* of total youth ministry (ministry *to, with, by,* and for youth).

0 1 2 3 4

5. I understand the *components* of total youth ministry (word, worship, community, guidance, service, advocacy, and enablement).

0 1 2 3 4

6. I understand the sacraments.

0 1 2 3 4

7. I understand how to lead various youth worship experiences, such as liturgy, prayer groups, and reconciliation.

0 1 2 3 4

8. I understand how to plan youth programs such as field trips, scout activities, picnics, and sports activities.

0 1 2 3 4

9. I understand adolescent development in the following areas:

o. emotional 0 1 2 3 4

b. physical 0 1 2 3 4

c. sociological 0 1 2 3 4
(peers, trends, culture)

d. spiritual 0 1 2 3 4

e. moral 0 1 2 3 4

10. I understand the value and significance of retreat experiences for youth.

0 1 2 3 4

11. I understand the responsibility of our church in issues concerning justice and peace.

0 1 2 3 4

12. I recognize the need for our youth to participate in community service activities.

0 1 2 3 4

13. I understand the role I can have in the

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religious education of our youth.

0 1 2 3 4

14. I understand the significance and value of the multicultural dimensions of ministry to youth.

0 1 2 3 4

15. I understand the aim and value of outreach ministry to un-churched youth.

0 1 2 3 4

On a scale of 1 to 10, rate yourself on your

1 2 3 4 5

(1 means not comfortable at this time

0 1 2 3 4

17. I understand
(fill in a competency not listed).

0 1 2 3 4

comfort and ease in being around teenagers

6 7 8 9 10

10 means you are very comfortable with teens)

Competencies for Youth Ministry

16. I understand
(fill in a competency not listed).